

WEEK 5 Forging Others



Dear Parent/Guardian,

This week, kindergartners are learning about the importance of exercising patience. Wise 'Ol Wilbur is teaching them a rhyme to help them remember to be patient while waiting:

**Not now, not now, I have to wait.
I'll wait for now, then, wait and wait.**

Here are a few ways for you to reinforce patience in your child this week:

- Nothing is better for learning patience than having to wait your turn. For the family to get along, we must teach our children how to be patient with each other.
- Make time for your family to sit down together at the table to work on table manners and practice patience. Ask each family member to wait until everyone has been served to begin eating.
- Read your child one chapter a night from a classic such as The Tales of Winnie the Pooh. This enables kids to learn the thrill of anticipation, looking forward to the unfolding of the next piece of the story. They learn to wait and use their imaginations in the waiting!
- Make a point to model patience for your child in the home, in the car and in public.

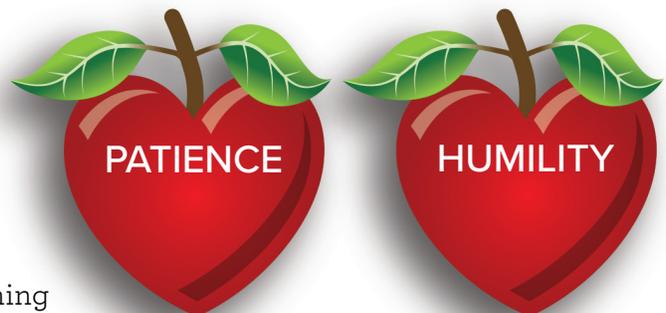
Fully developed patience is the ability to control emotions and actions, even when we are anxious, excited or exhausted. Patience is a hard lesson to teach and learn, but an important life skill for your child to acquire.

We're in this together!

From our hearts to yours,



PS Don't forget to ask the definitions of PATIENCE and HUMILITY.



HUMILITY—Not caring who gets credit
PATIENCE—Choosing to wait without complaining