



Dear Parent/Guardian,

This week, your child is developing consideration for others by learning to honor the personal space of others, to keep his hands and feet to himself and to knock before entering a room. Kindergartners are learning the following song:

My Hands and My Shoes

I'll keep my hands to myself and my feet in my shoes.

(Move hands to hips, and then stomp feet.)

I'll keep my hands to myself and I won't bother you.

(Move hands to hips; shake head back and forth, and then point to neighbor.)

I'll keep my hands to myself, so you can take a snooze.

(Move hands to hips; then clasp hands beside cheek, pretending you're asleep.)

I'll keep my hands to myself, 'cause it's the right thing to do.

(Move hands to hips. then, nod head up and down while pointing finger.)

Here are ways you can reinforce what your child is learning about respecting the privacy of others:

- Talk with your child about maintaining an appropriate personal space around different individuals—family members, close friends, teachers and/or strangers. Together, choose a key word or phrase your child can use when she feels someone has invaded her personal space.
- Call attention to or have your child count signs, such as “Do Not Enter,” “No Trespassing” or “Private” when you are in public places. Discuss the importance of safety and respect for the privacy of others.
- Help your child make a doorknob hanger that says, “Please knock” for a room in your home. Help your child remember this family rule and to respect the privacy of other family members by knocking first.

From our hearts to yours,



PS Don't forget to ask your child to define CONSIDERATE and TRUSTWORTHY!

CONSIDERATE—Thinking about the feelings of others before I speak or act

TRUSTWORTHY—Doing what you said you would do when you said you would do it

