## WEEK 5 Forgiving Others



Dear Parent/Guardian,

## For Your Heart

This week, students are developing the ability to offer forgiveness and accept forgiveness—a life lesson we all need to learn. Please consider these Big Ideas:

- A child with a patient and humble heart will be able to both give and receive forgiveness.
- Until they learn patience in excusing the faults of others, children have great difficulty maturing socially or emotionally.
- Humility is cultivated in the heart of a child who learns to ask to be forgiven when at fault.

## For the Heart of Your Child

You can help your child learn that apologizing means more than just saying, "I'm sorry"; it means promising not to do the 'wrong' again and then, keeping your word. Teach your child the three steps of apologizing that will heal hurt feelings and mend broken relationships:

- Take the BLAME: "I'm sorry."
- NAME your wrongdoing: "I pushed you down and took your truck."
- PROCLAIM your promise: "I won't do it again."

Help your child to be specific when apologizing for a wrongdoing and to seek reconciliation with the person who was hurt. If your child is unkind to another child, make sure your child apologizes, gives a hug and then offers to share a toy. Your child's heart becomes engaged when he demonstrates the meaning of his words through his actions.

From our hearts to yours,



PS Don't forget to ask the definitions of PATIENCE and HUMILITY.

