

WEEK 7 **Being a Buddy, Not a Bully**



Dear Parent/Guardian,

For Your Heart

This week, first graders are learning there is much to be learned by listening to the thoughts and ideas of others, without interrupting or rudely disagreeing. Children are learning the following:

- Everyone has a right to share their thoughts and ideas
- It is okay to disagree with another person’s ideas, if you do it respectfully
- Listen to others without interrupting

For The Heart of Your Child

Here are some opportunities to reinforce at home what your child is learning at school:

- Play “Simon Says” with your child to practice listening skills. Talk about why listening to others during the game is important.
- Have your child practice the following phrases to encourage respectful communication:
 - “Excuse me, please” and then wait for a reply, before interrupting.
 - “Thank you for your idea. My idea is different. I’d like to share it with you.”
- When engaging in conversation with your child, make sure you and your child use good listening skills—the body is still, eyes are on the speaker, mouth is closed, and there is no interrupting.

We hope you take time this week to invest in your child’s manners as they learn to respect the rights of others through good conversation.

From our hearts to yours,



PS Don’t forget to ask the definitions of KINDNESS & ACCEPTANCE.

KINDNESS—Showing care for others in an unexpected and exceptional way
ACCEPTANCE—Treating everyone I meet with respect, even when they are different from me

