## WEEK 3 Choosing Respect



Dear Parent/Guardian,

## For Your Heart

Respect is at the heart of Manners of the Heart. One of our goals is to help you raise respectful children who become responsible, respectable adults. This week, your child is learning that:

- Showing respect, especially in the face of disrespect, is always the right thing to do.
- A heart filled with the right stuff will produce respectful words and actions.
- Self-respect is the internal reward of offering respect to others.

## For the Heart of Your Child

Children with self-respect are able to put others' needs ahead of their own. They begin to understand how their decisions directly affect those around them. Their confidence is balanced with humility, enabling them to develop the noble quality of humble confidence.

You can help your child cultivate a heart of goodness and respect. Here are some ideas to reinforce your child's development of respectful attitudes and actions:

- Try to find wholesome books, television shows, and movies that not only entertain your child, but also teach valuable life lessons.
- If you want your child to respect you, have the same expectations for yourself that you have for your child. No one can be perfect, but if you try to live out the qualities you hope to see in your child, you will inspire your children to live that way as well!

Ask your child the lessons learned from hearing about Bear's decision to choose respect in the Merryville Story this week.



PS Don't forget to ask about this week's Heart Attributes, GOODNESS and RESPECT!



**GOODNESS**—Being kind and forgiving **RESPECT**—Treating others with dignity