

WEEK 3 Choosing Respect



Dear Parent/Guardian,

Respect is at the heart of Manners of the Heart. One of our goals is to help you raise respectful children who become respectable adults. Children begin to develop respect when they learn to stop, look and listen to others. In this week's lesson, your kindergartner is learning to:

- **Stop** when someone is talking to them.
- **Look** the other person in the eye.
- **Listen** to what the other person is saying.

Here are some ideas to reinforce your child's development of respectful attitudes and actions:

- Find wholesome books, television shows and movies that not only entertain your child, but also teach valuable life lessons.
- Talk with your child about your family's rules concerning television, movies, books, music or magazines. Explain there are some forms of entertainment that don't encourage respectful words or actions.
- If your child has a lot of hurt from the past, don't ignore it. Talk to your child and, if needed, seek professional help. It takes longer for a child to demonstrate respectful attitudes and actions, if fear, anger or disappointment controls the heart.
- If you want your child to respect you, have the same expectations for yourself you have for your child. Do your best to live out the qualities you hope to see in your child, and you will inspire your child to follow your lead. With a plan and a purpose, you can raise a respectful child in spite of our disrespectful world!

From our hearts to yours,



PS Don't forget to ask about this week's Heart Attributes, GOODNESS and RESPECT!



GOODNESS—Being kind and forgiving
RESPECT—Treating others with dignity